

Multimedia Appendix 6: Synthesis of results of studies included in integrative review.

Category	Themes	Factors That Encourage/Facilitate/Increase or Discourage/Hinder/Decrease Children's Physical Activity
Parenting Styles		
	Permissive	(-/+) not setting limits (e.g., allowing child unrestricted TV-viewing and/or other screen time)
	Authoritative	(+) setting expectations, but willing to negotiate
	Authoritative	(-) dictating what the child does
Parenting Practices		
	Engagement and Involvement	(+) participating in PA with child; being involved in child's activities (e.g., coaching a sport)
	Verbal Encouragement	(+) praising child for being physically active
	Prompting	(+) prompting child to be physically active by providing verbal or nonverbal encouragement for the child to engage in physical activity
	Motivational Support	(+) praising child for participating in PA
	Logistic or Instrumental Support	(+) providing transportation; enrolling child in PA classes and sports; taking child to park, etc.
	Limit Setting	(+) setting limit on screen time
	Monitoring	(+) monitoring screen time use/monitoring physical activity
	Reinforcement and Rewards	(+) providing positive reinforcement or rewarding child for being physically active or for good performance in sports
	Rules and Restrictions	(-) having rules and restricting outdoor play due to safety concerns (neighborhood safety, traffic, weather, etc.) or weather-related reasons
	Discipline	(0) disciplining child for watching TV or videos, playing video games or the computer
	Psychological Control	(-) parental criticism, intimidation, and insults; manipulation of child's behavior to satisfy parents' needs

(+) indicates encourages, facilitates, or increases physical activity; (-) indicates discourages, hinders, or decreases physical activity; (0) indicates no association with children's physical activity.