

Multimedia Appendix 3. Comparing the responses from Universal Medicine (UM) and Australian Longitudinal Study on Women’s Health (ALSWH) participants to a question asking how often they experienced these symptoms in the past.

ALSWH Symptoms		UM unweighted N	UM unweighted %	UM weighted N	UM weighted %	ALSWH %
Allergies hayfever sinusitis						
	Never	220	66.3	177	65.8	40.0
$p < 0.0005$ ($2 * 10^{-27}$)	Rarely	68	20.5	54	20.1	17.3
UM weighted	Sometimes	41	12.3	35	13.0	27.8
N total 333	Often	3	0.9	3	1.1	14.9
Anxiety						
	Never	113	33.4	52	36.4	46.8
$p < 0.0005$ ($3 * 10^{-12}$)	Rarely	140	41.4	56	39.2	24.2
UM weighted	Sometimes	75	22.2	32	22.4	22.7
N total 175	Often	10	3	3	2.1	6.3
Back pain						
	Never	108	32.1	86	31.6	25.7
$p < 0.0005$ ($9 * 10^{-5}$)	Rarely	139	41.4	112	41.2	23.0
UM weighted	Sometimes	78	23.2	65	23.9	33.6
N total 333	Often	11	3.3	9	3.3	17.8
Breathing difficulty						
	Never	273	82.7	204	82.9	71.7
$p < 0.0005$ ($3 * 10^{-6}$)	Rarely	41	12.4	33	13.4	13.4
UM weighted	Sometimes	15	4.5	8	3.3	12.0
N total 306	Often	1	0.3	1	0.41	2.9
Depression						
	Never	258	77.7	183	77.5	56.6
$p < 0.0005$ ($1 * 10^{-14}$)	Rarely	49	14.8	37	15.7	18.6
UM weighted	Sometimes	23	6.9	14	5.9	18.2
N total 293	Often	2	0.6	2	0.85	6.6
Episodes of intense anxiety eg panic attacks						
	Never	297	90	179	89.1	75.1
$p < 0.0005$ ($2 * 10^{-9}$)	Rarely	28	8.5	19	9.5	13.6
UM weighted	Sometimes	5	1.5	3	1.5	8.8
N total 249	Often	0	0	0	0.0	2.5

ALSWH Symptoms		UM	UM	UM	UM	ALSWH
		unweighted	unweighted	weighted	weighted	
Symptoms		N	%	N	%	%
Eyesight problems						
	Never	183	55.5	70	37.2	35.2
p<0.0005, p=0.001 (weighted)	Rarely	72	21.8	56	29.8	19.9
UM weighted	Sometimes	61	18.5	50	26.6	32.3
N total 238	Often	14	4.2	12	6.4	12.7
Headaches, migraines						
	Never	113	33.6	91	33.3	17.3
p<0.0005 ($3*10^{-31}$)	Rarely	160	47.6	127	46.5	31.3
UM weighted	Sometimes	55	16.4	48	17.6	37.7
N total 333	Often	8	2.4	7	2.6	13.6
Hot flashes						
	Never	245	74.2	113	62.4	44.5
p<0.0005 ($9*10^{-27}$)	Rarely	45	13.6	35	19.3	16.2
UM weighted	Sometimes	29	8.8	23	12.7	24.6
N total 230	Often	11	3.3	10	5.5	14.7
Indigestion, heartburn						
	Never	225	68	166	66.9	48.2
p<0.0005 ($3*10^{-12}$)	Rarely	66	19.9	52	21.0	22.2
UM weighted	Sometimes	33	10	25	10.1	20.6
N total 293	Often	7	2.1	5	2.0	7.8
Leaking urine						
	Never	262	79.2	211	78.7	62.7
p<0.0005 ($3*10^{-9}$)	Rarely	43	13	34	12.7	16.3
UM weighted	Sometimes	20	6	17	6.3	15.8
N total 333	Often	6	1.8	6	2.2	5.2
Night sweats						
	Never	227	69.2	115	64.3	54.8
p<0.0005 ($4*10^{-11}$)	Rarely	58	17.7	36	20.1	15.0
UM weighted	Sometimes	40	12.2	25	14.0	19.4
N total 230	Often	3	0.9	3	1.7	10.8

ALSWH Symptoms		UM	UM	UM	UM	ALSWH
		unweighted	unweighted	weighted	weighted	
Symptoms		N	%	N	%	%
Palpitations feeling that your heart is racing or fluttering in your chest						
p<0.0005 ($7*10^{-8}$)	Never	216	64.9	110	64.3	61.2
	Rarely	93	27.9	51	29.8	19.7
	UM weighted	22	6.6	8	4.7	15.9
	N total 210					
	Often	2	0.6	2	1.2	3.2
Severe tiredness						
p<0.0005 ($6*10^{-12}$)	Never	96	28.4	67	27.7	28.5
	Rarely	133	39.3	94	38.8	24.1
	UM weighted	92	27.2	70	28.9	32.4
	N total 294					
	Often	17	5	11	4.6	15.1
Stiff or painful joints						
p<0.0005 ($5*10^{-23}$)	Never	153	45.9	117	45.2	30.4
	Rarely	107	32.1	80	30.9	19.7
	UM weighted	61	18.3	51	19.7	31.3
	N total 320					
	Often	12	3.6	11	4.3	18.7
Urine that burns or stings						
p<0.0005 ($8*10^{-5}$)	Never	291	88.4	236	88.7	77.9
	Rarely	28	8.5	23	8.7	14.4
	UM weighted	9	2.7	6	2.3	6.8
	N total 333					
	Often	1	0.3	1	0.38	1.0
Vaginal irritation or unusual discharge						
p=0.001, p=0.002 (weighted)	Never	258	77.5	209	77.7	68.3
	Rarely	50	15	41	15.2	18.7
	UM weighted	17	5.1	12	4.5	10.7
	N total 333					
	Often	8	2.4	7	2.6	2.3